

## BYTOWN BRIGANTINE - GEAR LIST

To make your adventure as rewarding as possible, you'll want to ensure that you have the appropriate clothing and accessories. At the time of boarding trainees will have an opportunity to stow their gear in a duffle bag provided by the ship.

### STANDARD GEAR

- Sleeping bag with removable cotton liner or bed sheet.
- Flashlight with extra batteries and a spare bulb.
- Mess kit: knife, fork, spoon, plate, bowl, cup/mug—all preferably unbreakable i.e. plastic or melmac.
- Wash kit: soap, shampoo, towel, toothbrush, toothpaste, hairbrush, and deodorant.
- Waterproof sunscreen with SPF of at least 15. (You will be on the water so proper sunscreen is very important!)
- Water bottle.
- Water shoes that cover the entire foot for full protection.

### RECOMMENDED CLOTHING

- 2 pairs of non-skid, non-marking shoes.
- Windbreaker.
- Rain pants and jacket. (Pants and coat are needed because water may come from all directions.)
- 3 pairs of shorts, one navy blue.
- 1 or 2 pair of long trousers.
- Short or long sleeved shirts, one for each day of the program.
- 1 or 2 sweaters and/or sweatshirts. (Preferably wool or fleece because it retains heat even when wet.)
- Enough socks and underwear for each day of the program. (A few pairs of wool socks are a good idea because they will keep feet warm during chilly night watches.)
- Sunglasses with a safety strap, so that you don't lose them overboard.
- Suitable sleep wear. (Everyone sleeps in bunk beds so night gowns are not appropriate.)
- Swim suit. (One-piece for females.)

### OPTIONAL ITEMS

- Personal navigation equipment.
- A book to read when off watch.
- Small musical instruments (for ship's concert or times when you are not on watch).
- A camera.
- A set of good clothes for when in port.
- Notebook and pens, pencils, etc.

**Note: All gear should be labeled with your name.** You will be living in close quarters so there is no room for extra gear! When you arrive you will be asked to pack all gear (with the exception of your sleeping bag) in a bag i.e. duffel bag roughly 36" long x 14" diameter or 92cm x 35cm diameter, provided by the ship, because you will only have about that much

### GEAR NOT PERMITTED ON BOARD SHIP

- Tobacco (cigarettes, etc.) alcohol, illicit drugs.
- Portable radios, Walkman, Discman, MP3 players, or video games.
- Cell phones.
- Hair dryers, curling irons, or electrical shavers.
- Junk food of any kind.
- Jewelry i.e. earrings, nose ring, bracelets, rings. (Watches or medical alert bracelets are acceptable.)
- Baseball caps. (They do not sufficiently protect from the sun.)